

**APPETISERS**

|   |       |  |                |
|---|-------|--|----------------|
| <b>Freshly baked rolls with balsamic &amp; olive oil</b>      | £2.95 | <b>Misto olives</b>                              | £3.50          |
| <b>Fresh Naan bread</b><br>Mango chutney, yoghurt & mint dips | £2.95 | <b>Garlic &amp; herb slices</b><br>(With cheese) | £2.95<br>£3.95 |

**STARTERS**

|  |       |   |                             |
|--|-------|---|-----------------------------|
| <b>Soup of the day</b><br>Warm bread roll, butter                                      | £4.50 | <b>Greek Salad (v)</b><br>Green olives, feta cheese, sunblushed tomatoes, basil dressing  | starter £5.95<br>main £8.95 |
| <b>Smoked salmon &amp; sweetcorn chowder</b><br>Dill & parsley bread roll              | £6.75 | <b>Seared king scallops</b><br>Celeriac puree, asparagus spears, herb salad               | £9.95                       |
| <b>Teriyaki pork &amp; noodle spring rolls</b><br>Stir-fry vegetables, sweet soy sauce | £5.50 | <b>Smoked BBQ &amp; honey pork ribs</b><br>Chilli crisps, pickled vegetables              | £6.50                       |
| <b>Sweet potato &amp; mozzarella fritters (v)</b><br>Sunblushed tomato & garlic dip    | £4.95 | <b>White crab &amp; baby shrimp potato cakes</b><br>Frisee leaf & fennel salad, lemon oil | £5.95                       |
| <b>Cornish sea salt &amp; cracked pepper chicken</b><br>Home made chilli jam           | £6.50 |   |                             |

**MAIN COURSES**

|   |        |  |        |
|---|--------|--|--------|
| <b>Sausage &amp; mash</b><br>Old English pork sausages, buttered mash, red wine gravy               | £8.95  | <b>12oz Isle of Man sirloin</b><br>Spanish potatoes, sugar snap peas, chorizo butter             | £21.95 |
| <b>Grilled seabass</b><br>Artichoke, spinach & olive tagliatelle, baby rocket                       | £15.95 | <b>Curried Malaysian chicken breast</b><br>Thai fragrant rice, mini poppadoms                    | £12.95 |
| <b>Fish &amp; chips</b><br>Minted mushy peas, tartare sauce, hand cut chips                         | £12.95 | <b>Gourmet burger</b><br>100% beef pattie, jack cheese, dill pickles, smoked bacon, jacket fries | £10.95 |
| <b>Garden vegetable &amp; pearl barley risotto (v)</b><br>Asparagus, courgette, spinach, petit pois | £9.95  | <b>8oz Ribeye steak</b><br>Chunky chips, buttered fine beans, roasted baby plum tomatoes         | £17.95 |
| <b>Jerk seasoned chicken fillet</b><br>Floured tortilla, guacamole, crême fraiche                   | £8.95  |  |        |

Pepper sauce, red wine jus, blue cheese & mushroom sauce or Malaysian curry £2.50

**PASTA & SALADS**

|   |        |  |        |
|---|--------|--|--------|
| <b>Chicken &amp; chorizo penne</b><br>Sunblushed tomato pesto, grilled halloumi cheese                  | £11.95 | <b>Grilled salmon nicoise salad</b><br>Baby gem lettuce, red onion, new potatoes, olives, anchovies, egg, lemon & caper dressing | £13.95 |
| <b>King prawn linguine</b><br>Red onion, courgette ribbons, chilli, garlic & ginger oil                 | £10.95 | <b>Traditional Caesar salad (add chicken £2.00)</b><br>Baby gem lettuce, fresh anchovies (optional), Caesar dressing             | £7.95  |
| <b>Mediterranean vegetable &amp; cream cheese ravioli (v)</b><br>Basil pesto, toasted pine nuts         | £8.95  |  |        |
| <b>Greek lasagne</b><br>Minced lamb, tomato & red wine sauce, feta cheese sauce, cucumber & olive salad | £9.95  |  |        |

**SIDE ORDERS [v]**

£2.95 each

- Italian leaf salad
- Beer battered onion rings
- Sautéed white wine & garlic creamed mushrooms
- Chunky chips
- Jacket fries
- Buttered asparagus & baby carrots
- Garlic slices (With cheese add £1)



**CHOOSE 2 COURSES IN RED**  
(STARTER & MAIN COURSE OR PASTA)  
**FOR ONLY £14.95 or £12.95 for 2 (v) dishes**